

Run and organised by Dorking Mole Valley AC & in association with www.trionium.com

BOOKHAM 10K



Proud Sponsor of THE BOOKHAM 10K

Sunday 7TH February 2010

10.00am start at Polesden Lacey School, Great Bookham KT23 4PT. For further information please visit www.trionium.com, www.runnersworld.com or www.eventstolive.co.uk and follow the links to Bookham 10K event.

ALL PROFITS GO TO THE DOWNS SYNDROME ASSOCIATION

FEES - **£14** with England Athletics License, **£16** without England Athletics License
Entries on the day **£20** subject to availability

Every runner gets a **FREE** T-shirt

From 1st April 2008 the England Athletics new registration scheme for runners was fully implemented. This replaced the previous unattached levy and entitles registered runners to a discounted race entry fee. If you are a member of a UK Athletics Affiliated Club **and** you hold or have applied for a Competition License issued by England Athletics please enclose the appropriate tariff to enter this event.

CHEQUES SHOULD BE MADE PAYABLE TO A.S.FAY

Send entries to: Bookham10K, Run to Live, 200 Barnett Wood Lane, Ashted, Surrey, KT21 2DB. Send a stamped A5 SAE for acknowledgment form, number and race details with application and correct fee.

Surname _____ Photographs will be taken
First name _____ for promotional use in the
e-mail address _____ media and website
Address _____
Town _____
Postcode _____ County _____
Date of Birth _____ Tel No _____
Age _____ Gender _____
Affiliated Running Club _____
England Athletics License Number _____

I agree to abide by the rules of England Athletics. I accept that neither the organizing committee, their servants, agents or assignees will be held responsible for any loss, damage or injury, howsoever caused, sustained by myself or any other participant prior to, during or after this event and expressly waive the right to pursue any of the above or make any claim against the event. I understand that the organizers reserve the right to alter conditions or arrangements should the circumstances require. I confirm that I am an amateur as defined by the England Athletics rules. Personal information will be dealt with in accordance with the Data Protection Act.

I enclose an entry fee of £ _____ Signed _____ Date _____