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# DORKING AND MOLE VALLEY AC

## eNews

February 2008  
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Number

One of the subscriptions I have just received was from Harry Tempan, probably the club's oldest running member, with a note saying that he has just found out that he finished top of the 2007 world rankings in the 80 - 84 age group in both the 800m (3mins 8.9secs) and the 1500m (6mins 30.1secs). They sound amazing times to me and I will send him a letter of congratulation. It must be all down to Alan Archer's training!!

John Barron PS please keep sending your subscriptions!

### Bowling at Crawley Hollywood Bowl and a meal at Bella Italia

This will be on **Easter Saturday (22/03/08)** meeting at the Hollywood Bowl for about 17-45. Please let Howard Jones know (01306 884806) as soon as you can to book the bowling and the restaurant.

**Ladies Vets XC** Our ladies did very well in the South of England Vets Cross Country Championships on 2<sup>nd</sup> February, taking 5<sup>th</sup> place in the W35-44 and 2<sup>nd</sup> in the W45 competitions. Full results on [www.hillingdonac.co.uk](http://www.hillingdonac.co.uk) (right at the bottom of the results page!)

**Leith Hill Half 11-00 Sunday 9<sup>th</sup> March** The inaugural Leith Hill Half Marathon will start on the Nower, proceed along footpaths and bridleways to Wolvens Way, on to Coldharbour, before making a right-hand turn to the top of Leith Hill. The route returns along the same track, back to the finish. The race is being run by Rob McCaffrey, supported by DMVAC. If you don't fancy running, please help! Details and entry on [www.trionium.com/leithhillhalf/](http://www.trionium.com/leithhillhalf/)

**Ladies XC League – final match 9<sup>th</sup> February.** Our ladies held their position in Division 1, with 3 teams competing in the 4<sup>th</sup> and final match in Richmond Park. Results are on [www.surreyathletics.org.uk/crosscountry/2007\\_2008/leagues/menu.htm](http://www.surreyathletics.org.uk/crosscountry/2007_2008/leagues/menu.htm)

**Men's XC League – final match 9<sup>th</sup> February.** Meanwhile, our men had a really good final match in Lloyd Park. We had 4 in the top 10 - Nick Hodges, Simon Beardsall, Ed Clements and Fraser Dawson, as well as really good backup. We came 2nd on the day, 22 points behind 1st Stragglers and 56 points ahead of 3rd Dulwich. This result has secured the team's promotion to Division 1, with the final league position of 2nd behind Stragglers. Details on [www.surreyathletics.org.uk/crosscountry/2007\\_2008/leagues/menu.htm](http://www.surreyathletics.org.uk/crosscountry/2007_2008/leagues/menu.htm)

**Camping and running** Howard is organising a camping and running weekend – the run being the New Forest 10 (miles!) with some other shorter runs - [½ Mile Fun Run](#), [1 Mile Fun Run](#) and [3 Mile Fun Run](#) (All on Runners World) Contact him for details. (01306 884806)

**Helpers Required** As always, we need helpers! On:-

Sunday 9<sup>th</sup> March, for the Leith Hill ½ - see above.

Saturday 15<sup>th</sup> March for the Burford Bridge Relays (our E Surrey event, run by us)

Sunday 16<sup>th</sup> March for the Cranleigh MABAC 15/21 (we need to supply our quota!)

And our main event of the year – the Dorking 10 on Sunday 1<sup>st</sup> June, for which we will need the biggest number of helpers.

Please put these events in your diary – to run or to help – and expect to be asked!

**Editor's Note** So this is the second electronic version. We sent out about 80 paper copies last time, at a cost of about £40. **We need your email address if you have one, to reduce this cost!** We will protect your email address by circulating as “bcc”, so do not worry on that score.

Elizabeth Horner  
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## Calendar

### February

Sat	23	National XC Championships	Alton Towers	
Thu	28	DMV Winter Handicap	Pixham	7.00

### March

Sun	2	MABAC 5 and 2.5 miles XC	Richmond Park	11.00
Sat	15	E.Surrey League Road Relays	Burford Bridge Boxhill	2.30
Sun	16	MABAC 15/21	Cranleigh	9.00
Thu	28	DMV Winter Handicap	Pixham	7.00

### April

Sun	20	MABAC 5 and 2.5 miles XC	Winterfold Forrest	11.00
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### May

Sun	11(prov)	MABAC 5 and 2.5 miles XC	Lightwater (prov.)	11.00
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### June

Sun	1	Dorking 10	Brockham	10.00
Sun	15	MABAC 5 and 2.5 miles XC	Holmwood	11.00

## Contact email addresses

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